



Plant to Plate Grows Opportunity

The Plant to Plate Internship Program mentors, empowers, and prepares high school students from the Richmond area to advance their employment opportunities through training in organic gardening and the culinary arts. Our interns learn how to grow organic food from seed to harvest, and how to cook and serve it – while developing essential job and life skills.



As an integral part of our program, Anaviv chefs, local culinary experts, and community members voluntarily share their

professional wisdom and life experiences. Our interns thus begin to develop a professional network as they benefit from the guidance and wisdom of these mentors.

The Plate to Plate curriculum includes growing and cooking food, resume writing, interviewing skills, communicating with potential employers, performance evaluations, how to fill out employee tax forms and basic

money management. Interns are challenged to learn and hone a wide range of transferable skills such as time management, problem solving, teamwork, taking initiative, punctuality, responsibility, communicating with others, and self-regulation / stress management strategies.

The program consists of 2-3 hour sessions, twice per week, over the course of the school Year (Oct-April). Classes are held both in an urban garden and in a professional kitchen. Our interns demonstrate their learning by hosting a Plant to Plate graduation ceremony and celebration at the conclusion of the program. Students grow the food, prepare the menu, cook the meal, and serve the food for this event, as they and their families are honored for their hard work and achievement.

Plant to Plate is a collaborative project of Anaviv Catering and Events and West County DIGS, a non-profit organization that supports school gardens.

To learn more about Plant to Plate, and/or to receive an application for next years program, please contact us directly at:
plant2plate.richmond@gmail.com.



To make a donation, visit the West County DIGS website:
westcountyschoolgardens.org and click on "Support Plant to Plate Now."

